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The use of green medicine is consolidated in Cuba as an option for treatments indicated by specialists and scientific centers that work high level lines of research Autor: Radio Rebelde Publicado: 06/02/2019 | 02:36 pm

Cuba intensifies use of green medicine

The use of green medicine is consolidated in Cuba as an option for treatments indicated by specialists and scientific centers that work high level lines of research

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The use of green medicine is consolidated in Cuba as an option for treatments indicated by specialists and scientific centers that work high level lines of research, said Lisbet Avello Romero, head of the national program of medicinal plants.

During the celebration in Ciego de Ávila of a workshop on the subject with producers from the western and central provinces, which will have its conclusions in Santiago de Cuba on Wednesday and Thursday, it was learned that every year the demand from the Ministry of Public Health and scientific institutions to develop new medicines grows.

Avello Romero reported that the current request for plant mass in the country amounts to 615 tons, which allows distributing a total of 75 million bottles of the different assortments among the natural medicine laboratories existing in each municipality.

The goal is to reach 100 million bottles in 2021, so this type of meeting seeks to train those who sow, care and collect the raw material to deliver it with quality and approve the good manual agricultural practices, he pointed out.

Today the Ministry of Public Health asks the Medicinal Plants Program 42 species that are within the basic table of medicine, among them the most in demand are aloe, anamu, the wall, lime, passionflower and chamomile, the latter still without reaching their maximum volumes for being a very demanding plant, said Avello Romero.

Thanks to the political will to expand the use of green medicine with the required characteristics, advanced technologies are being introduced, such as the five solar dryers installed on an equal number of farms, he added.

To Biocubafarma entities, such as the Center for Research and Drug Development, we supply plant mass of chamomile, lime, kidney tea, mint and ginger for the production of Migramenstrual and Migraprecol, two new Cuban medicines of natural origin for the treatment of migraine, he said.

Rodolfo Arencibia Figueroa, president of the group of medicinal plants of the Cuban Association of Agricultural and Forestry Technicians, stressed that it is the ideal time for medicines, nutritional supplements and phytomedicines, obtained from plant mass, to have the same value or choice of both a doctor to prescribe it and a person who wants to consume it.

This is explained," said the specialist, "in that the Cuban population is aging more and more and for both older adults and infants it is healthier to ingest anti-inflammatory and anti-inflammatory drugs of natural origin.

(ACN)

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